



OPENING REMARKS

Laurie Michael, President & Chair Primary Care Dietitians' Association



9:15 AM | EST **KEYNOTE - ADDRESSING SDoH Equity & Justice in Everyday Practice**

Eric Ng, RD, MPH
Toronto Metropolitan University



10:30AM BREAK 10:45AM

10:45 AM | EST

MACROCYTIC ANEMIA
Opportunity for Primary Care RDs
Marg Alfieri, RD
Alfieri Nutrition



11:45 AM | EST PEER SIMPLIFIED LIPID GUIDELINES 2023
Testing, Targets and Tantalizing Tidbits:
The PEER Simplified Lipid Guidelines
Adrienne Lindblad, BSP, ACPR, PharmD



12:15PM LUNCH 1:30pm

12:45pm Annual General Meeting 1:15pm 1:15pm Clinical Excellence Awards 1:30pm

1:30 PM | EST **DECOLONIZING DM NUTRITION EDUCATION**

Mikahelia Wellington, RD, CDE MPH Durham Community Health Centre



2:30 PM | EST

COMPREHENSIVE APPROACH TO PCOS MGMT
Across Diverse Patient Backgrounds
Trista Chan, RD, MHSc
The Good Life Dietitian



STRETCH

3:30PM STRETCH BREAK 3:45PM



3:45
PM | EST

BEYOND FODMAPS: Practical Considerations for IBS when Low FODMAP diets don't work Marlee Hamilton, RD

Ignite Nutrition



4:45
PM | EST

CLOSING REMARKS

Laurie Michael, President & Chair Primary Care Dietitians' Association

