

2022 PCDA CONFERENCE

A FOCUS ON THE FUTURE



DAY ONE | June 9, 2022

9:00AM - 9:15AM | OPENING REMARKS
KRISTEN GARLAND | EXECUTIVE DIRECTOR

9:15AM - 9:45AM | RECONCILIATION
TERI REDSKY FIDDLER | ANISHINABE ELDER

- Food Sovereignty

9:45AM - 10:45AM | RECONCILIATION
DR. TRAVIS HAY, PHD | RESEARCHER, AUTHOR

- The Many Legacies of the Thrifty Gene

10:45AM - 11:00AM
MINDFULNESS BREAK
VIRTUAL SPONSOR CONNECT

11:00AM - 12:00PM | BRAIN-POWERED NUTRITION
ADAM WEINMANN, RD | FOOD & MOOD

- The Nourished Brain: exploring the bi-directional relationship between nutrition and mental health, with applications in pp

12:00PM - 12:30PM | AWARDS PRESENTATION

- 2022 PCDA Clinical Excellence Awards

12:30 - 1:00PM

LUNCH BREAK/VIRTUAL SPONSOR CONNECT

1:00PM - 3:30PM | CHANGE CREATES CHANGE
ELIZABETH GULLAHER, RD

Supporting Patients with Eating Disorders -
The Primary Care Dietitian's Role

- ED care through a weight-inclusive lens
- Primary Care RD support for ED patients
- Red flags and ED detection
- Medical monitoring
- Basic nutrition management

1:45-2:00PM
MINDFULNESS BREAK
VIRTUAL SPONSOR CONNECT

DAY TWO | June 10, 2022

9:00AM - 10:00AM | ANNUAL GENERAL MEETING
KIM SANDILAND | PRESIDENT, BOARD CHAIR

- PCDA Member Only Event

9:00AM - 10:00AM
MINDFULNESS BREAK
VIRTUAL SPONSOR CONNECT

10:00AM - 10:15AM | OPENING REMARKS
KRISTEN GARLAND | EXECUTIVE DIRECTOR

10:15AM - 11:30AM | CULTURAL COMPETENCE
ROSIE MENSAH, RD | KEYNOTE

- Why cultural humility leads to more inclusive and equitable nutrition care

11:30AM - 12:30PM | CLIMATE CHANGE
DRAWDOWN DIETETICS | ANNEKA HOBSON, RD

- Climate-Friendly Practice for Primary Care Dietitians

1:00PM - 2:00PM | INFANT FEEDING
NUTRITION MASTERCLASS | JULIE & CHARLENE

- Top 5 infant feeding challenges;
Advice that makes a difference!

2:00PM - 2:15PM
MINDFULNESS BREAK
VIRTUAL SPONSOR CONNECT

2:15PM - 3:30PM | EMPOWERING DIETITIANS
JESS SERDIKOFF, RDN

- Addressing Burnout: What we miss when we position self-care as the solution

3:30PM - 4:00PM | CLOSING REMARKS
KRISTEN GARLAND | EXECUTIVE DIRECTOR

Attendees to complete and submit Membership Survey to receive Certificate of Attendance